

# ELEMENT DOG TRAINING

## Jumping

- Definition
  - Teaching the dog not to jump up on people
- Purpose
  - For larger dogs jumping can be a safety hazard for people and a variety of people won't appreciate the dog interacting with them that way
- Process
  - Dogs typically jump for attention. By jumping they are able to position themselves closer to you
  - To teach a dog to stop jumping we need to not reward the behavior of jumping
    - The dog needs to learn to greet with all 4 paws on the floor
  - If your dog has a reliable "sit stay" or "down stay", then these behaviors can be requested at typical times that your dog jumps. This is known as teaching an "incompatible behavior"
  - If your dog doesn't have a reliable incompatible behavior, then we need to not reward jumping
    - Reaching for the dog, pushing the dog off, walking into the dog are all ways to reward jumping – whether intentional or not – you are giving the dog attention they desire and this is rewarding
  - When the dog jumps take a step back so that the dog is able to land back on the floor. When all four paws hit the floor then we can **mark and reward** that position
- [Vet Street video Jumping](http://www.vetstreet.com/train/curb-jumping-when-greeting#1_azdc08t4)
  - [http://www.vetstreet.com/train/curb-jumping-when-greeting#1\\_azdc08t4](http://www.vetstreet.com/train/curb-jumping-when-greeting#1_azdc08t4)
- Common mistakes when teaching a dog not to jump:
  - Training in too exciting an environment. For overly excitable dogs, asking them to control themselves can be difficult. We need to set up low key environments so that they can practice performing the desired behavior.



This picture is an example of rewarding "Jumping"

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- Not managing their environment properly and allowing them to practice jumping. While your dog is still learning the proper behavior, we need to use management techniques. Management techniques include using a leash to keep the dog off people entering the room, putting them in a crate or room to separate them from guests, or using enrichment items such as stuffed Kongs, lick mats, or other types of games or toys to keep their interest on something other than your guests.
- Utilizing our hands, legs, or body to separate ourselves from the dog. Pushing can be considered reinforcing and an invitation to play. Creating space and providing a very low energy demeanor will help the dog realize that being calm is the correct response in the current situation.

