

ELEMENT DOG TRAINING

Emergency U-turn

- Definition
 - A 180 degree turn in the opposite direction
- Purpose
 - An emergency U-turn is a skill used to quickly move your dog away from a trigger
 - Creates space to limit exposure and prevents practicing bad behaviors
 - Teaches your dog that they have the option to move away from triggers
- Process
 - Walk with your dog in a straight line and select a time to turn or utilize an instance where your dog moves to the end of the leash
 - Position yourself to the left or right (depending on which way you want the dog to turn) side of the dog near the rear
 - Place a lure in front of your dog and lure the head 180° in the opposite direction
 - If the dog is not taking food apply minimal pressure on the leash to prevent the dog from moving forward
 - When the dog voluntarily releases pressure and turns backward reward and continue moving in that direction
 - Repeat until your dog is responding quickly to the change in direction
 - Add in the verbal cue turn "Turn" prior to the lure or leash tension
 - Give the verbal cue and wait for your dog to voluntarily turn around. Mark and reward for the full turn and movement in the opposite direction
- [YouTube video of Touch](https://www.youtube.com/watch?v=tNkPZKHvIac)
 - <https://www.youtube.com/watch?v=tNkPZKHvIac>
- Common mistakes when teaching touch:
 - Starting in to difficult environment. Building a strong response in a kitchen or living room before taking it on a walk will make it more successful.
 - Using the leash to force the turn. The dog will learn to make better decisions if they are given the time to make the decision to turn instead of being forced to turn.