

ELEMENT DOG TRAINING

Off

- Definition
 - The act of the dog moving off an object
- Purpose
 - Used as a cue to get the dog off an object. Used to ask dogs to stop jumping on people, to get off couches or beds, or to get off countertops.
- Process
 - Identify an object that your dog is allowed to be on and ask them to get on the object
 - Say "Off" and then lure them off the object. Reward when all 4 paws are back on the floor.
 - Repeat the previous step but stop using the lure.
 - Generalize the behavior to other situations.
- Management
 - For items your dog shouldn't be jumping on its important to prevent the behavior
 - Keep countertops clean to prevent interest
 - Provide an alternate place to settle to keep them off beds or couches
 - Provide an alternate activity for jumping on people like chasing a toy or practicing a calm greeting routine
- [Vet Street video Jumping](#)
 - <https://be.chewy.com/basic-dog-training-commands-off/>
- Common mistakes when teaching a dog Off:
 - Inconsistency. By intermittently allowing undesirable behavior we provide a strong reinforcement. This makes it much more difficult to eliminate unwanted behaviors
 - Getting Frustrated. Your dog doesn't know what you want until you teach them. Providing negative energy to training sessions can change how your dog responds and can encourage them to utilize different undesirable behaviors.

